

The Human Element[®]

A life changing experience!

THE HUMAN ELEMENT PROVIDES AN INTEGRATED APPROACH TO PERSONAL DEVELOPMENT. There's nothing like it! INDIVIDUALS HAVE FOUND IT TO BE ONE OF THE MOST POWERFUL PERSONAL GROWTH WORKSHOPS THEY HAVE EVER EXPERIENCED! It goes beyond a behavioral approach to change and addresses issues of identity. Using the FIRO theory of interpersonal behavior, participants become aware of and address blocks to greater productivity, effectiveness and satisfaction. They acquire tools to increase their awareness, their ability to communicate, work with others, manifest their intentions, handle change, create relationship and job satisfaction. The Human Element approach is holistic and applies to all aspects of life: relationship to self, to others, conflict resolution, decision making, child rearing, work. Individuals, couples and groups benefit from this powerful approach. The Human Element is also internationally acknowledged as one of the most effective, most complete leadership and team building programs available. The Human Element seminar jumpstarts you, your relationship and/or your organization to breakthrough performance!

“Judith is one of a handful of people whom I trust to take the FIRO theory, my life’s work, expand upon it and innovate from it. She is gifted in seeing people’s potential and helping them realize it. She is a master facilitator and teacher.”

Will Schutz (1925-2002)
Former President, BCon/WSA International, Inc.

Click on the following links to find out more about The Human Element

[*Who Attends?*](#)

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Who Attends:

Everyone who is ready for a life changing experience:

individuals and couples

professionals

students

parents

lovers

leaders

change agents

consultants

OD and HR professionals

success coaches

therapists

engineers

scientists

artists, etc.

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What Happens?

In the Human Element, you will have the opportunity to learn about yourself and your relationships with others through a variety of modalities including:

- Self-report Instruments

- Feedback

- Non-verbal and verbal activities

- Small group experiences and sharing

- Large group sharing

Through lecturettes, you will be presented with a theoretical perspective that you are invited to explore and experiment with throughout the seminar. You will receive tools for implementing the principles and given opportunities to develop your skills.

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Outcomes reported from this course:

- significant changes in their outlook on life and work.
- a new sense of self-determination.
- greater clarity about themselves and what they want to accomplish.
- clearer communication.
- fewer misunderstandings.
- diminished defensiveness.
- enhanced creativity and leadership.
- greater trust.
- more fun.
- uniting the head and the heart.

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Judith Bell, M.S., M.F.T. is a co-founder of Relationships That Work, Inc. She has been a Senior Associate and Consultant with BCon/WSA International, Inc, formerly Will Schutz Associates, since 1981 and contributed to the development of The Human Element™ seminar. Her knowledge of and expertise in the *FIRO*™ theory is well respected around the world and she applies this theory to all aspects of her work.

Judith is a master facilitator, teacher, therapist and coach. She has been creating and facilitating personal growth, team development and organizational change seminars for 25 years. Working with individuals, couples and groups, Judith is exceptional at supporting individuals, couples and teams in developing the skills necessary to realize their full potential. She draws out and articulates the underlying concerns of individuals that have stopped them from contributing more effectively to their relationships and/or organizations and coaches them to move through their blocks.

By helping executives, managers and staff understand themselves better and communicate more effectively, Judith helps create productive teams that have the skills to respond flexibly and rapidly in their changing environment.

A consultant's consultant, Judith mentors executives, managers, facilitators, coaches, therapists and other professionals in

applying the *FIRO* theory to their work. Recently, she developed THE Next Step, a follow-on to The Human Element that focuses on skill development, application and implementation. Together with Gary Copeland, Judith developed a new instrument to measure customer service attitudes and the program, The Human Element in Customer Service, applying *FIRO* technology to the customer service arena.

Since 1981, Judith has provided training and consultation for diverse organizations in manufacturing, high tech, government, recreation, health care and education including NASA, Procter & Gamble, AT&T, Amdahl Computers, Los Angeles County Schools, The Process Center, Rolling Hills Tennis Club, the U.S. Army, the Geselle Institute, Spirit Rock Meditation Center, San Antonio Water System, Basin Street Properties, Cegos, the Institute of Noetic Sciences, and Seaflo.

Previously, Judith was chair of a Masters Program at Antioch University, San Francisco. For ten years, she developed and taught a wide variety of coursework and served as guest lecturer at many universities throughout the United States. She has also practiced as a licensed Marriage and Family Therapist since 1979. She and her husband, Daniel Ellenberg, Ph.D., co-authored *Lovers for Life: Creating Lasting Passion, Trust and True Partnership*. They lead seminars and groups together.

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What participants say about The Human Element:

“I was a little worried that I might be bored spending a week examining myself but Judi was a wonderful facilitator. I learned things that changed how I am as a parent, a partner, and in my work. Judi helped me to gently untangle knots that I did not think were possible.”

**Christopher Ris
Piano Restorer**

“Judith brings a loving kindness to this work and creates a space where I was able to explore vulnerable and scary places in my relationship with myself and my relationship with others. I became much more aware of the depth and sweetness in our marriage.”

**Stephen Weitz, Ph.D.
Biochemist**

“The Human Element was the most inspirational and life changing workshop I’ve ever experienced. I use aspects learned in the course daily.”

**Beth McDermott,
Greenwood School Administrator**

“For once, I feel like I can begin to manage my feelings and create life as I truly want it.”

**Genie Ohashi,
Vice President, Consulting Firm**

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What participants say about Judith:

“I have worked with Judith Bell for approximately 2 years and also have attended several seminars that she has given. In my opinion, her approach is far superior to any other approach I have experienced. She is extremely perceptive and has a proven approach to help people learn to control themselves and their lives.”

Harry Andrews, Andrews Hotel Owner

“For me, working with Judith Bell is a delight. She is able to create an atmosphere of safety, comfort and challenge, in which anyone who wants to go the next step towards being their true and full self will find the balance they need. She loves people and loves to see them grow. I felt that the moment I walked into the room.

I find it fascinating to see and experience the way in which Judith helps people go where they are ready to go. She supports them to look around their inner walls and barriers in a safe way, so they can carefully choose to break them down now, later or not at all. I recommend Judith Bell to anyone who is looking for that trainer, coach or support who has it all. She genuinely cares, is very knowledgeable, smart, quick and insightful and will, with great humor and warm personal comfort, challenge you to look in the mirror to meet more of yourself than you saw this morning. I certainly did.”

Wouter van der Hall, Personal Coach, Trainer, Management Consultant, Facilitator

“...Judi’s skills as an instructor include the obvious basics; she carries herself confidently, presents material in an organized manner, monitors the group for comprehension/questions, and both elicits and fields questions smoothly. However, Judi’s style goes well beyond the basics. She is exceptionally good at using body language and facial expressions to express herself to the group; this coupled with a skill for improvisation gives her a strong theatrical set of skills which I have seen her use most effectively. Judi also has particularly useful talents of being able to invent down-to-earth illustrations for abstract ideas and to translate jargon into meaningful terms.”

Ann C., Chief, Executive Software Division, Depart of the Army

*“The work of Judi Bell –
... If you’re living your life with the cup ½ empty, this is the course for you to fill it up!
... She teaches with brilliance, wisdom, and compassion.”*

deBorah Jones, Educator

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Relationships That Work, Inc.
Continuing Education Provider

Relationships That Work, Inc. is an approved Provider of continuing education for MFTs/ LCSWs by the California Board of Behavioral Sciences, #PCE 2907. 100% attendance is required; no partial credit for continuing education courses is given. Course meets the qualifications for 50 hours of continuing education for MFTs and LCSWs.

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